

## Na'auao from Kumu Malani DeAguiar

Aloha mai kākou,

I would like to add the following 'Ōlelo no'eau especially during these times. Hope you are doing well and being safe! Mālama pono!

He mēheuheu mai nā kūpuna.

(Habits acquired from ancestors)

Mana'o-During these days of uncertainty, remember that our kūpuna endured many challenges, but persevered.

E wehe i ka umauma i ākea.

(Open out the chest that it may be spacious)

Be generous and kind to all.

Mana'o-Share what you have with others, especially your neighbors.

Mahalo i ka mea i loa'a.

(Be thankful for what you have)

Mana'o-Have gratitude for all the blessings that you have.

Aloha,

Malani